



## Mountlake Terrace High School Cheer/Spirit Team

### 23-24 TRYOUT MATERIAL and AREAS OF EVALUATION

As you practice, remember to replace generic cheer words with campus specifics, such as mascot (Hawks), colors (Red and Black), and initials (MTHS) in all relevant material.

#### CHEERLEADING MOTIONS

<a href="#">BASIC CHEER MOTIONS</a>
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#### SIDELINE

#### CHEER

<b>TERRACE HAWKS X LET'S GO RED - LET'S GO BLACK</b>	<b>TBD</b>
<a href="#">FRONT AND BACK VIEW</a>	

#### DANCE - FIGHT SONG

TEACH	FRONT	BACK VIEW
WORDS	Hail to the hawks so valiant, Hail to the conquering heroes, Hail to the Terrace Hawks. The leaders of...Let's Go Hawks.	
MUSIC		

#### BAND CHANT

#### RED AND BLACK

<a href="#">TEACH</a>	<a href="#">FRONT VIEW</a>	<a href="#">BACK VIEW</a>
<a href="#">BAND CHANT MUSIC</a>		

**JUMPS/KICKS** - Click these links for helpful videos regarding jump techniques!

<a href="#">Basics of Cheerleading Jumps   Cheerleading</a> <a href="#">Toe Touch</a> , Hurdler, <a href="#">Herkie</a> , Pike, Kicks
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#### SHOWMANSHIP, SPIRIT, POTENTIAL

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Please reach out to the coaches with any questions and for additional information about non-choreography-based skills to be evaluated at tryouts.

Shermin Davidson (425) 431-3072  
Sarah Madsen Peredo (425) 431-3375

[davidsons837@edmonds.wednet.edu](mailto:davidsons837@edmonds.wednet.edu)  
[madsens439@edmonds.wednet.edu](mailto:madsens439@edmonds.wednet.edu)